

Summer Vacation

TRAVEL CHECKLIST



ESSENTIALS FOR THE WHOLE FAMILY

- Travel Documents: Passports, IDs, travel itinerary, tickets, confirmations, and copies of important docs.
- Money: Cash, credit cards, and a money belt or travel wallet.
- Tech Gadgets: Phones, tablets, chargers, portable power banks, and headphones.
- Snacks: Healthy, non-perishable snacks like granola bars, nuts, and dried fruit.
- Emergency Contacts: Keep a list of emergency contacts and important phone numbers.
- Proof of Parentage: copies of birth certificates with parents names, note or video message of other other parent's consent for the other parent to travel with the child(ren) alone.



FOR THE KIDS:

- Comfort Items: Favorite blanket, stuffed animal, pillow, pacifier.
- Entertainment: Books, coloring supplies, small toys, and tablets loaded with games and movies.
- Clothing: Weather-appropriate outfits, pajamas, swimsuits, and extra socks and underwear.
- Hygiene: Toothbrush, toothpaste, hairbrush, travel-sized shampoo, body wash, and sunscreen.
- Diaper Bag Essentials: Diapers, wipes, diaper cream, and disposable bags.
- Baby Food/Bottles: If needed, along with a bottle warmer.
- Reusable Utensils: Lightweight and easy-to-clean utensils for meals on the go.



FOR THE PARENTS:

- Comfortable Clothing: Weather-appropriate outfits, comfortable shoes, and a light jacket or sweater.
- Toiletries: Toothbrush, toothpaste, deodorant, makeup, skincare products, and hairbrush.
- Relaxation Items: A good book, magazine, or e-reader for downtime.
- Travel Pillow and Blanket: For added comfort during travel.





SPECIAL ITEMS:

- Portable Blackout Curtains: To help children sleep longer.
- White Noise Machine: To block out unfamiliar sounds.
- Small Gifts/Surprises: For long flights or car rides to keep children entertained.
- Water Bottles: Reusable water bottles for each family member.



TRAVEL GEAR:

- Car Seat: If you're renting a car or taking a taxi.
- Stroller: A lightweight, foldable stroller for ease of travel.
- Travel Crib: If needed, for young children.
- Baby Carrier: For hands-free carrying of infants and toddlers.



HEALTH & SAFETY:

- Health Items: Prescriptions, first-aid kit, hand sanitizer, and health insurance cards.
- First Aid Kit: Band-aids, antiseptic wipes, gauze, tweezers, and any regular medications.
- Sun Protection: Sunscreen, hats, sunglasses, and lip balm with SPF.
- Bug Protection: Insect repellent and anti-itch cream.



MISCELLANEOUS:

- Laundry Supplies: Travel-sized detergent and a laundry bag for dirty clothes.
- Plastic Bags: For wet or dirty clothing.
- Ziplock Bags: For snacks, small items, or toiletries.
- Umbrella: A small, travel-sized umbrella for unexpected weather changes.
- Portable potty: For long road-trips and you've just passed a rest stop.

